

PERIOD 1 aug - sep	PERIOD 2 sep - dec	PERIOD 3 jan - mar	PERIOD 4 mar - jun
Sports subject 1 CrossFit Cycling Fitness Climbing and bouldering Outdoor Powerlifting and strength training	Sports subject 1 CrossFit Cycling Fitness Climbing and bouldering Outdoor life Powerlifting and strength training	Sports subject 1 CrossFit Cycling Fitness Climbing and bouldering Outdoor life Powerlifting and strength training	Sports subject 1 CrossFit Cycling Fitness Climbing and bouldering Outdoor Powerlifting and strength training
Sports subject 2 Beachvolley and volleyball Cardio Hyrox Powerlifting Surfing Weightlifting Yoga	Sports subject 2 Volleyball Cardio Fitness 360 Powerlifting Hiking Weightlifting Yoga	Sports subject 2 Volleyball Cardio Fitness 360 Powerlifting Hiking Weightlifting Yoga	Sports subject 2 Beachvolley and volleyball Cardio Hyrox Powerlifting Surfing Weightlifting Yoga
Sports subject 3 Football Racquet sports Climbing and bouldering light Mountain bike Trampoline gymnastics Wakeboard	Sports subject 3 Ball games Padel Climbing and bouldering light Agility Swimming Board sports	Sports subject 3 Ball games Padel Climbing and bouldering light Agility Swimming Board sports	Sports subject 3 Football Racquet sports Climbing and bouldering light Golf Trampoline gymnastics Stand up paddle
Specialization subject Anatomy and training Politics, society and history Knitting and crochet Speak up Teambuilding	Specialization subject Anatomy and training Politics, society and history Ceramics Debate Creativity and innovation	Specialization subject Anatomy and training Politics, society and history Knitting and crochet Debate Creativity and innovation	Specialization subject Anatomy and training Politics, society and history Ceramics Speak up Teambuilding
Competency subject Ambulance You can do it yourself Fitness personal trainer Police Rappelling and rope activities Strength trainer 2 Strength- and physical trainer (diploma trainer)	Competency subject Ambulance Sensorik and Fine Tasting Fitness personal trainer Police Climbing instructor Strength trainer 2 Strength- and physical trainer (diploma trainer)	Competency subject Ambulance Sensorik and Fine Tasting Fitness personal trainer Police Climbing instructor Strength trainer 2 Strength- and physical trainer (diploma trainer)	Competency subject Ambulance You can do it yourself Fitness personal trainer Police Rappelling og rebsjov Strength trainer 2 Strength- and physical trainer (diploma trainer)
Elective subject Creativity Mindfulness Music Psychology Health, food and lifestyle	Elective subject Creativity Sports massage Ensemble playing Philosophy Winter bathing Board games	Elective subject Creativity Sports massage Music Philosophy Winter bathing Board games Diploma trainer	Elective subject Creativity Mindfulness Ensemble playing Psychology Health, food and lifestyle Board games Diploma trainer
Focus subject International subject Outdoor Explorer Personal training	Focus subject International subject Outdoor Explorer Personal training	Focus subject International subject Outdoor Explorer Personal training	Focus subject International subject Outdoor Explorer Personal training
Elective subject Diving Choir	Elective subject Nutritionist certification Choir First aid	Elective subject Nutritionist certification Choir	Elective subject Diving Choir First aid
Common subjects Family group Community meeting Singing Common lesson Lecture Morning assembly	Common subjects Family group Community meeting Singing Common lesson Lecture Morning assembly	Common subjects Family group Community meeting Singing Common lesson Lecture Morning assembly	Common subjects Family group Community meeting Singing Common lesson Lecture Morning assembly